



Craig J. Allard

Paramedic

Woodbury, MN

End of Service: 06/12/2025

Age: 73

Circumstances: Cardiac Event

Craig's Contributions in Life:

Craig proudly served as a Paramedic at Divine Redeemer/HealthEast Ambulance that was based in South St. Paul, MN for 27 years. Craig was known for his endearing nickname "Sergeant Rock" and he was a loyal customer at McDonald's daily. Craig enjoyed reading, following current events, all dogs and spending time with and laughing with, friends and family. Craig is survived by his wife, Karen; daughter, Heidi (Jake); sons Erik and Bjorn; grandsons Isaiah and Jeremiah; several siblings and nieces and nephews. Craig was a very kind man and he is missed by many.

Scan the QR code for all the 2026 NEMSMBR honorees.

